

*Every Summer In A Child's Life Should Be Unforgettable*

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*Est. 1963*

# WELCOME

Welcome to Camp Eagle Hill and thank you for considering our camp for your family for the upcoming season.



Camp Eagle Hill was started by my family over fifty years ago. After more than a half century of camp seasons, we are still seeking to provide the same ideals from our early days, summers filled with fun, learning and the development of friendships that we hope will last for many years to come.

“Every summer in a child’s life should be unforgettable”. This phrase sits at the front of our camp Dining Room as an ever-present reminder of the power of the camp experience. We know that a summer at camp can be a life changing experience for a camper, filled with opportunities to explore, learn, develop as a person and discover who they are and what they

can be. We take the act of committing your child’s summer vacation to us seriously and we work each camp day to honor the trust that you have shared with us.

Throughout our longevity as a camp, we have had a reputation for our warm and welcoming atmosphere. Our moderate sized camp population, our large adult staff, our small camp groups and high staff/camper ratios, as well as our hands-on directorship style, all go a long way toward creating feelings of comfort and belonging for our campers each and every summer.

After all is said and done, when considering all the many summers as a camp, it’s the fun and laughter at Eagle Hill each year that carries our campers and staff through the days and nights of each camp season. It is the fun that brings children together and weaves the connection between the many campers who return to Eagle Hill year after year.

The next camp season is on its way. Have your family join us for all of the “fun” this year!

Sincerely,  
*Jesse Scherer*  
Director



# WHO WE ARE

**CAMP EAGLE HILL** was founded in the late winter of 1963 and opened for its first summer the very same year. A one-time dude ranch where guests would visit to ride horses, milk cows, and enjoy the great outdoors, Camp Eagle Hill started with just a few buildings and facilities. In 1963, sixty campers experienced our first unforgettable summer with us, participating in all the fun of a camp season and building lifelong friendships.

Over the years, Eagle Hill has added tremendously to its facility and is now filled with beautiful sports fields and courts, two pools, a tremendous gymnasium, a gymnastics pavilion, a large

double looped go-cart track and many large indoor areas that provide our campers with a varied choice of activities regardless of the weather. Over the years, our camp population has grown and these days we have about 200 campers. Despite our growth over time, Eagle Hill has maintained its sense of history from its early days, promoting the same qualities of participation and camaraderie for its campers over the course of the past five decades.



# WHY CHOOSE CEH?

**1 OUR LOCATION** Camp Eagle Hill is only ninety miles north of New York City. It is an easy drive for pre-camp visits or Visiting Day during the summer. The camp area is filled with a number of beautiful state parks as well as quaint and interesting towns and villages.

**2 OUR FACILITIES** Our 200-acre property includes a private lake, two pools, eight tennis courts, gymnasium, go karts track, high ropes course, cooking studio, gymnastics pavilion, gaga pits, five basketball courts and much more! Our large number of indoor spaces (Big Red, Little Red, The Barn and The Lodge) provides us with ample locations to carry out the camp program even during extended periods of rain.

**3 SMALL CAMP GROUPS** At Eagle Hill, we house our campers in groups of seven or eight, a small and intimate group size within which camp friendships can more easily develop. New campers are grouped together with other new campers, as well as with a few "old timers". This helps to create a sense of comfort for those campers new to Eagle Hill.

**4 LARGE ADULT STAFF** This enables Eagle Hill to offer some of the very best supervision and instruction found at any camp program. Our adults all specialize in specific camp activities, providing campers with skills and knowledge thereby creating an exciting, worthwhile and fun-filled summer program.

**5 OUR PROGRAM** Eagle Hill days are planned to allow time for each camper to involve him or herself in a mix of group and individually selected activities. Every camp day is filled with a ton of options chosen amongst a wide variety of activities. Our camp program will satisfy the needs and interests of both competitive and non-competitive campers.

**6 DIRECTOR INVOLVEMENT** Our Directorship takes a personal interest in the life of each and every CEH camper. They pride themselves on knowing all of our campers by name, where they are from, some family background, and medical or other concerns that pertain to each camper's well-being. With this in mind, they can affect those individual needs that will allow each camper to be tremendously successful with us summer after summer.



# OUR FACILITIES

After a half century of operation, Eagle Hill is still years younger than many camps in today's camp industry. The majority of our facilities have been built over the last twenty five years or so and many areas of camp have recently been updated or renovated, keeping Eagle Hill a beautiful and modern camp facility.

## *Great Sports Fields and Courts*

We are proud of our large open athletic fields and courts that serve us extremely well when running our fun and dynamic sports program. Our facility features: 2 baseball fields, 5 basketball courts, 8 tennis courts, 2 soccer fields, a large hockey rink and 3 volleyball courts.

## *Tremendous Indoor Facilities*

Few camps have the number of indoor areas featured at Eagle Hill, including a tremendous gymnasium (Big Red) with our Eagle Hill Theater at one end, a large Activities Building (Little Red) with a beautiful new Dance Studio and Technical Theater Studio, a unique Creative Arts Center (The Barn), a beautiful Recreation Hall/Canteen Building (The Lodge), as well as a spacious Dining Room. Recently, we've added a super large tent that overlooks the entire Eagle Hill property giving us a great new area for weekly picnics and barbecues.

## *A Busy Waterfront*

Our spring-fed lake sits at the heart of our facility, adjacent to our two pools. Our lake front offers beautiful views from a number of different areas of camp and has a large new dock complete with a long water slide and fun-filled inflatables.

*Spring-fed Lake*

*2 Pools*

*8 Tennis Courts*

*Large Creative Arts Center*

*Indoor Gymnasium*

*Large Recreation Hall/Canteen*

## *Other Great Facilities*

The Eagle Hill facility also has a large number of activity areas which help to round out our camp program. We have a new archery area, amphitheater, gymnastics pavilion, a full sized golf range, a beautiful double looped and banked go-karts track, a ropes course, nature area, camp-out site, trails for mountain biking and hiking and much, much more.

## *Beautiful Camp Cabins*

Our wood frame constructed cabins on both the girls and boys sides of camp are all newly renovated, safe, and quite comfortable, each complete with large porches and full bathrooms. All of our cabins contain single wooden beds (no bunk beds), have attic fans, large spaces for clothing storage and plenty of open floor space for group fun.

## *Medical Facilities and Service*

Our Camp Infirmary sits in the middle of our camp facility and is available to our campers at all times twenty four hours a day. At Eagle Hill, we always have a strong team of medical professionals who oversee all medical needs throughout the camp season.



# AGE GROUPS

## *Younger Campers*

### **INTERS / GRADES 1-6**

For younger campers, an Eagle Hill day features a balanced program with both group-centered and camper-selected daily activities. This gives our young campers an opportunity to create important camp bonds with others while providing time to express individuality in programming during each camper's day.

Our younger campers eat their meals as a group, enjoy downtime after lunch, a hot shower every day and some free play after dinner. A nightly snack either at the Eagle Hill Sweet Shop or under the stars by the bunk area helps to wind things down toward a relaxed end to the Eagle Hill day.

## *Older Campers*

### **TEENS / GRADES 7-8**

This age group enjoys a later curfew, eats co-ed dinners every day, has a larger and more varied weekly trip schedule and makes nightly visits to the "Eagle Hill Sweet Shop" for music and hanging out with camp friends.

Our Teens have more individual choice in their program, selecting five of their six activities during a typical camp day. There is also time set aside each day for an athletics program, emphasizing physical activity, fun and an opportunity for campers to share some common experiences.

Our "Teen" Campers take an extended three day trip each season to either Boston or Philadelphia.

### **SENIORS / GRADE 9**

Our "Seniors" Program features experiences that are somewhat different than our Teen program. This group of campers enjoys a later curfew, an opportunity to travel off grounds a few evenings each summer and takes part in a four day trip to either Baltimore/Virginia/DC or through New York state to Niagara Falls.

### **CITS (COUNSELORS-IN-TRAINING) GRADE 10**

The aim of our CIT Program is to provide opportunities to take on some responsibility for working with younger campers, while at the same time allowing the individual CIT to enjoy an active and social camp experience. They also assist at activity areas of camp, help run special events and evening activities and gain some work experience by supporting our food service team a number of times throughout the summer.

Our CITs travel with our Seniors on a four day trip, enjoy a few evenings out each summer and have a later nightly curfew. On Fridays, our CITs travel as a group into the local area surrounding camp.



# OUR PROGRAM

## *Let's Have Some Fun*

The program at Eagle Hill is a dynamic one, designed to give our campers a chance to explore, create, learn, exercise and above all else, have fun! Our program creates common experiences for our campers, teaches skills and helps in the development of great friendships.

## *Everybody Joins In*

Participation is a key element to our camp program and our Eagle Hill staff is trained to encourage all of our campers to participate in the largest way possible. Our activity leaders are all enthusiastic and ensure that each Eagle Hill camper is involved based on their age, level of interest and their own individual skill level.

## *Lots of Choice*

An opportunity to make individual activity choices is an important element to our daily schedule and allows Eagle Hill campers the ability to hand-pick programs with their own interests in mind.

## *All in a Typical Day*

At Eagle Hill, campers participate in a six period day with each activity period lasting for a little less than one hour. This six period day features some athletics, swim time, lots of individual choice for our creative arts and theatre programs, as well as many smaller activity areas around camp. We also have some time for group activity, which allows for age-based skill and relationship building, both important aspects of camp life at Eagle Hill.

## *Daily Schedule*

Wakeup	7:45 AM
Breakfast	8:15 AM
Cleanup	9:00 AM
<i>Three morning activities</i>	
Lunch	12:45 PM
Rest Hour	1:30 PM
<i>Three afternoon activities</i>	
Shower Hour	5:00 PM
Dinner	6:00 PM
"Free Play"	6:45 PM
<i>Evening Activity</i>	
Canteen	(For Different Age Groups)
Bedtime	(Based on Age Group)





# SPORTS

## *Strong Program*

Eagle Hill has a lively sports program devoted to the fun-minded and action-oriented camper. All of our sports programs are led by trained staff members who provide instruction in a fun, positive and safe manner. All athletic programming is geared to include campers of all age groups and skill levels.

## *Great Fields & Courts*

Eagle Hill has high quality sports facilities and enjoys the use of beautiful, manicured fields and well-maintained courts throughout the entire property. During inclement weather, our program moves indoors to our tremendous indoor Gymnasium, "Big Red".

## *Levels of Play*

During a typical camp day, we generally play sports for "the simple pleasure of the game" where all of our campers are encouraged to participate. For campers who want a little extra action and competition, we offer a full range of optional tournaments, matches and meets. We have teams for swimming, tennis, soccer, basketball, volleyball, softball, and floor hockey that play against other camps both at home and away. Here, we want campers to immerse themselves in play with sportsmanship, camaraderie and team play emphasized throughout.

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### **FOR MORE SPORTS-MINDED CAMPERS**

Private tennis lessons are available throughout each camp day.

*Basketball*

*Baseball*

*Softball*

*Tennis*

*Soccer*

*Floor Hockey*

*Volleyball*

*Golf*

*Archery*

*Lacrosse*



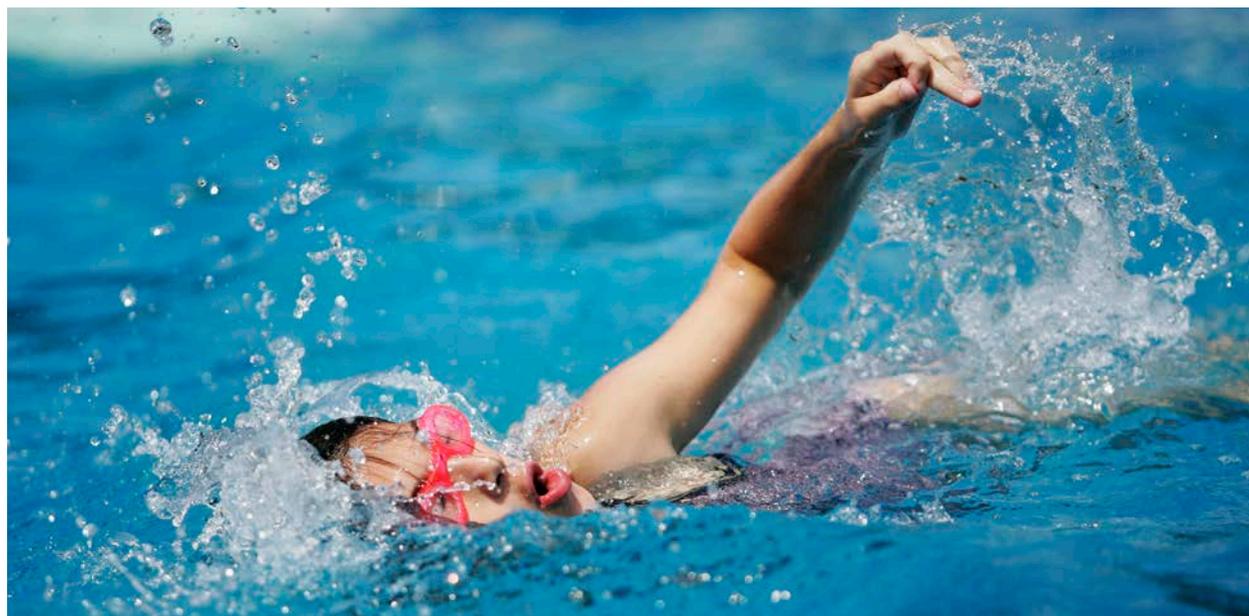
# WATER SPORTS

Eagle Hill's Waterfront has a little bit of everything for everybody! Our private spring-fed lake sits in the middle of camp and is a great spot for all of our fantastic waterfront activities. Our two pools serve us well for swim instruction classes (for younger campers), general swim time, lap swimming, evening pool parties, our great Eagle Hill swim team and much more.

Safety always comes first at the Eagle Hill waterfront. Our experienced Red Cross certified waterfront staff provides high quality supervision and instruction at all waterfront activities. These waterfront instructors lead small classes in swimming, boating, canoeing and kayaking. Whatever the activity, the Eagle Hill Waterfront is a great place to spend some time, especially on a hot summer day.

- Jump Off Our Iceberg*
- Splash In Our Pools*
- Catch A Fish*
- Paddle A Kayak*
- Swim Our Lake's "Diamond Swim"*
- Compete In Our Annual Triathlon*

**FOR CAMPERS LOOKING FOR A LITTLE BIT MORE AQUATICS TIME**, private lessons in both swimming and water skiing are available throughout each camp day.



# CREATIVE ARTS & MUSIC

## *Individual Arts Studios*

Eagle Hill possesses one of the most unique Creative Arts facilities in today's camp world. The Eagle Hill Arts Barn is home to a busy and productive creative arts program.

Each week, our campers select an arts studio of their choice. Campers can participate in our woodworking shop or our ceramics and sculpture studio, take a drawing or painting class, create wondrous craft projects, shoot and edit video footage, learn the art of digital photography and then photoshop their photos into works of art. Macramé, tie-dying, lithographs, murals, plaques, banners, masks.....there's plenty of arts at Eagle Hill and our skilled instructors are trained to give any camper a great arts experience!

## *Music*

Music is everywhere at camp! Learn to play the guitar, drums or keyboard with help from a professional musician. Whether you are a beginner or an aspiring performer, our music lessons will teach you the fundamentals or allow you to sharpen your skills. For those campers looking for opportunities to showcase their musical prowess, the Camp Eagle Hill 'Skootch' band plays live shows at special events throughout the summer!

*Woodworking*

*Ceramics*

*General Arts*

*Photography*

*Videography*

*Acoustic Guitar*

*Keyboard*

*Drums*



# PERFORMING ARTS

## *Theatre*

Three large productions (a full musical, a comedy and a musical review) bring the magic of our performing arts program center stage each summer. Eagle Hill has an amazing tradition for bringing out the talent of so many campers each year and our program will appeal to even the largest of theatre enthusiasts. On our professional stage at “The Eagle Hill Playhouse”, any interested camper can learn about the art of acting and theater production, create a great wardrobe of costumes, receive skilled direction, learn a choreographed number or provide the musical accompaniment for any one or all of our camp shows. Improvisation classes, dance classes, acting classes, in addition to light, sound and other on-stage opportunities make for a very well rounded performing arts program.

## *Technical Theatre*

The Eagle Hill technical theatre studio produces all of the scenery, props and costumes throughout the summer for all of our major theatrical productions. Set design and costume design staff work with small numbers of campers to produce some of the nicest and most professional looking backdrops and costumes for every camp show. Our professional equipment for both sound and lighting offers the opportunity to learn aspects of theatrical production for campers looking to further their theatre experience at camp.

## *Dance*

We’ve recently added a brand new dance studio where campers can participate in group hip-hop, modern, ballet or tap classes. There’s also time for individual work in our studio in preparation for a solo routine in our major camp productions or a fun talent show. Those who have had prior dance experience will love the depth of instruction while all campers will enjoy the pure, simple joy of letting loose amongst friends.



# INDIVIDUAL CHOICE

## *Full Range of Activities*

Whatever our campers like to do, we have it and more! The following activity areas can be chosen as an elective on an individual basis.

*Basketball*

*Floor Hockey*

*Lacrosse*

*Soccer*

*Softball*

*Baseball*

*Volleyball*

*Golf*

*Tennis*

*Gymnastics*

*Hiking*

*Mountain Biking*

*Martial Arts*

*Climbing Tower*

*Bouldering Wall*

*Zip Line*

*Low Adventure  
Initiatives*

*Swimming*

*Boating*

*Fishing*

*Chess*

*Group Games*

*Theatre*

*Improvisation Classes*

*Dance*

*Scenery and  
Costume Design*

*Photography*

*Video*

*Cooking*

*Guitar/Keyboard  
Instruction*

*Crafts*

*Ceramics/Sculpture*

*Drawing/Painting*

*Woodworking*

*Model Building*

*Computers*

*Nature*

*Archery*

*Go-Karts*

*Table Games (ping  
pong, air hockey, pool)*

*Gaga and more*





# PRIVATE LESSONS

Eagle Hill offers individual instruction on an optional basis for tennis, swimming, water skiing (for older campers) and horseback riding. These lessons take place at varied times throughout the week and are scheduled so as not to compete with a child's favorite camp programs.

## *Tennis*

Our individual tennis lessons focus on teaching the game based on camper age and skill level. Trained tennis professionals hope to advance each camper's proficiency in the sport with an emphasis on teaching the details of footwork, ground strokes, lobs, net play, serves and much more. A higher level of play, more consistency and the ability to perform the many skills of the game are our program's goals.

## *Swimming*

We offer private, one-on-one lessons led by one of our skilled Water-front instructors. For young campers just starting to swim to older more experienced swimmers, our individual lessons can concentrate on the fun of first getting into the water, the fundamentals of swimming, or the minute details of proper stroke technique.

## *Water Skiing*

Our Water Skiing program is available off the grounds of camp for campers having completed 7th – 10th grades. Our lessons are geared to work with campers who have yet to try this sport and those for whom this sport has become a familiar pastime. Professionally trained instructors, top-notch equipment and a beautiful setting, make for a strong program and a great opportunity for those campers looking to enjoy a challenging and exciting camp activity.

## *Horseback Riding*

Our Horseback Riding lessons are taught using English riding style and provide instruction on proper grooming and tacking up techniques. Safety is always of paramount concern. Instructors work with our campers on a one-on-one basis or sometimes in pairs depending on riding ability and experience. Our goal is for campers to have fun and pick up many riding skills in a beautiful and well-maintained setting.



# EVENINGS/EVENTS/TRIPS



## *Nights to Remember*

Every camp day is capped off with an Evening Activity like a Talent Show, DJ Party, Karaoke Night, an overnight at our campsite, a 3-on-3 Basketball Tournament, Capture the Flag or Treasure Hunt. Often, these activities are followed by a visit to the Eagle Sweet Shop (our Canteen) for refreshments, music and more fun. All age groups enjoy a night out for ice cream at Red Hook's famous ice cream parlor, "Holy Cow".

## *Bring on More Fun*

Special Events days at Eagle Hill are filled with laughter, camp spirit and pure camp fun. Our World Cup Soccer Tournament, Camp Carnival "Skootch" and Quest for the Golden Arches are Eagle Hill favorites and provide a break from the everyday program. These events add a little spice to the camp week and are great bonding experiences for campers of all ages. Two of our most prized Special Events are Tribals and Olympics, both filled with light competition, singing, spirit and loads of camp tradition.



## *Day & Extended Trips*

Throughout the summer, groups travel to water parks, Howe Caverns, Great Escape Amusement Park, Lake Taghkanic or Bash Bish Falls. When it rains, we change our plans and go bowling, roller-skating or to the movies. At the end of July, our "Teens" (7th and 8th graders) take a three-day trip each summer to either Philadelphia or Boston while our Seniors (9th graders) and CITs (10th graders) take a four day trip through New York state to Niagara Falls or to Baltimore, Virginia and Washington DC.

# HOUSING

## *Living at Eagle Hill*

Few camps have cabins quite the size as those found at Eagle Hill. They are newly renovated, modern and feature new wooden single beds (no bunk beds). There is also ample storage for clothing and each is equipped with a large porch area and full bathroom spaces.

Eagle Hill features a separate side of camp for both boys and girls. The girls side of camp sits in a park-like setting overlooking our camp lake and manicured ball fields. It is the perfect spot for sitting under a tree and taking in the beauty of Eagle Hill's landscape. The boys side is set amongst a number of camp sports facilities and contains a large open area of grassy fields perfect for tossing around a frisbee or just hanging out when back at the cabin area.



# MEALS

## *Let's Eat*

Our spacious Dining Room sits in the center of camp. A large salad bar used at both lunch and dinner offers a great variety of choices and is especially good for campers with dietary concerns. Our younger campers eat by group with their counselors at specific tables, ensuring that proper food choices are made and fostering group camaraderie at each meal. Our older campers have many open seating opportunities on a co-ed basis, allowing them to mingle with a larger number of camp friends.

## *Gluten Free Food Service*

Eagle Hill has a separate, dedicated Gluten Free Kitchen, built for those in need of this type of food service. Meals, desserts and snacks can be offered with the assurance that these foods are carefully ordered, stored and prepared with a high level of concern in mind. Our gluten free meals mirror the very same menu offerings from our main kitchen.



# OUR STAFF

## *Great People Make Magical Summers*

Our Camp Directors, large adult staff and caring counselors work together with one goal in mind, to create the single most meaningful summer in a child's life. We hire staff members who are great role models, who are empathetic, dedicated to the task, provide warmth and exude enthusiasm. Together, we work to create magical Eagle Hill summers year after year.

## *Our Counselors*

All of our counselors are warm, friendly and enthusiastic! Many of them have grown up with us as campers, helping to carry our camp traditions and values from summer to summer. They care for and encourage our campers every day and make sure that everyone is participating, having fun and making friends!

A typical group at Eagle Hill consists of two counselors living and working with a small group of seven to eight children. This high counselor/camper ratio allows our staff to pay attention to the many details of a camper's individual experience and provide a high level of dedicated and individualized attention.

## *Our Directorship & Large Adult Staff*

Camp Eagle Hill prides itself on its family-run directorship (now second-generation) and the exceptional care that it provides to the individual camper. Our experienced Directors are extremely "hands on" in their approach and have made it their life's work to meet the needs and interests of every child at Eagle Hill.

Our large adult staff is comprised of parents, teachers and coaches who work with children all year long. These adults are dedicated to keeping campers safe, active and happy during each camp day. They provide high quality supervision and instruction every step of the way.



# THE NEXT STEPS



## *Contact Us*

### PHONE

**Summer Office** 518-537-4000

**Winter Office** 914-725-4876

**EMAIL** SUMMER@CAMPEAGLEHILL.COM

**WEBSITE** WWW.CAMPEAGLEHILL.COM

## *Feel free to contact us at any time*

We would be happy to speak with your family to learn more about what you are looking for and answer any questions you might have. For a much closer look at what Eagle Hill is all about, we suggest that you consider one or more of the available options below.

## *Visit Our Website*

One of the best and easiest ways to learn more about Camp Eagle Hill is to visit our website. Watch our new camp video, take a virtual tour or chat with us in real-time using our home page's LiveChat. Each section of our website is full of pertinent information that will give you the best understanding of what Camp Eagle Hill is all about.

[www.campeaglehill.com](http://www.campeaglehill.com)

## *Private Tours and Open Houses*

If you would like a firsthand look at Eagle Hill, please feel free to schedule a tour of our facility at any time. A visit to camp will give you a good feel for where our campers eat, live, and enjoy our varied camp program. We are available to your family year-round and would be glad to give you a private tour whenever you are available. We also run several Open Houses at camp during the fall and spring months of the year.

## *Home Visit*

For families living in the New York Metropolitan Area, we are available to visit with your family in the comfort of your home and at your convenience to discuss all the details of an Eagle Hill experience. This is a great way to meet us, learn more about us and start your relationship with Camp Eagle Hill and our Directorship.

## *References*

We would be happy to put you in touch with current Eagle Hill families. By doing so, you can receive insight from a family who's had experience with us for a number of summers. If interested, we would be happy to send you a short list of families for you to contact.